

# Mapping the HEART

## 1. Pray BEFORE every session... INVITE the Father, Son and HOLY SPIRIT to join the session.

- a. Pray the BLOOD of Jesus over the session (protection)
    - i. ANY and ALL Releasing(s) will go under the blood of Jesus.
  - b. Hold UP the Bible as the STANDARD that ALL heart motives and healing resulting from this Christ CENTERED work. (keeps witchcraft out)
  - c. Holy Spirit be the true counselor in the session. As ministers we are ONLY facilitators.
  - d. As the Holy Spirit leads.
  - e. LIFE HAS TO BE IN THE CENTER...AND CHRIST CENTERED
  - f. Make sure your INTENTION is about what you are asking the HEART.
2. Do you FEEL SAFE? If NO...
- a. Do I make you not safe? IF no...
  - b. Is the location not safe? IF no...
  - c. Is there something present that makes the place not safe? Yes...
    - i. Is there a Negative Energy? Yes...
      1. Demonic? (There could be demonic presences in the location. You will need to MAKE SURE you clear a room before you start any session.) IF yes...CLEAR the room and ask again "Do you feel SAFE?")
      2. Am I releasing a negative energy? (BE HUMBLE... Ask the HOLY SPIRIT to show YOU what negative energy are you releasing).

## 3. Determine what the heart wants to do [SLIDE]

- a. Trapped emotion (Is there a trapped emotion?) IF Yes... go to 4
- b. Trauma emotions (Is there more than 1 trapped emotion?) IF Yes... go to 4
- c. Resonates from emotion(s) (Resonates of an emotion?) IF Yes ...go to 4
- d. Heart Wall (Is there a heart wall? Or after you know there is a heart wall: Is this trapped emotion in the heart wall?) IF Yes...go to 4

### **If you got NO from the above questions... ASK these**

- e. Trapped event (Is there a trapped event?) go to 5
- f. Saboteur (Is there a saboteur?) go to 6
- g. Negative stronghold (Is there a Negative stronghold?) go to 7
- h. Is it "Will not to live"? (when we get discouraged and down "I cannot keep doing this, am over it done..." go to 4
- i. Is it "Will to die"? (when we are depressed and hurting "I want to just die") go to 4

## 4. Trapped Emotion, Trauma Emotions (Heart Wall and not Heart Wall), and the Wills [SLIDE]

- a. Self (Do emotion(s) belong to {{name the person}} If Yes ... go to 5
- b. Self (Do Will to not live belong to {{name the person}} If Yes ... go to 5
- c. Self (Do Will to die belong to {{name the person}} If Yes ... go to 5

d. Is this Absorbed Emotion (Emotions that was received from someone else) IF yes...

1. Male or Female?
2. Family? (Who's emotion(s) do they belong to?) IF NO go to 2
  - a. Mother
  - b. Father
  - c. Siblings
3. Church? Friends? School? {name groups until the heart narrows down to where the trapped emotion came from?
4. Generational (Was the emotion generational?)
  - a. Father or Mother side (Is the emotion(s) from my Father's side? If NO then you know it is from your Mother's
  - b. How many generations?
  - c. DO I NEED TO KNOW MORE? If YES
    - i. Then ask each generation if Male or Female
    - ii. If NO... can I release this emotion(s)

e. Determine WHERE, WHAT and WHEN [SLIDE]

- i. How old?
  1. Take the person's age; split in half, go decades, then years... until you hit the age.
- ii. DO I NEED MORE INFORMATION?
  1. If yes... After EACH question ASK again if more information is needed.
    - a. Months? The heart might want to pinpoint the event.
    - b. Is there a demonic stronghold attached to the emotion(s) IF YES... Take authority over the demonic assignment attached to the emotion, and have the ANGELS OF THE LORD hold these negative forces to be released WHEN the emotions leaves the HEART.
      - i. If dealing with Trauma Emotions, then ask
        1. "Is the demonic attached to ALL the emotions?" IF yes...continue
        2. IF no... then you will need to ask about EACH emotion.
      - ii. Then tell the Angels of the Lord to remove the demonic.

c. Is there a CORE BELIEF Attached? SLIDE

- i. Is the CORE BELIEF
  1. I'm not lovable
  2. I'm not good enough
  3. I don't deserve what I want
  4. I don't deserve what I need
  5. everything is my fault
  6. I'm worthless

ii. Release the Core Belief

5. Trapped event (Is there a trapped event?) SLIDE

- a. Trapped Event: When an event from your past wasn't completely released from your heart.
  - i. Trapped Emotion?
  - ii. Trauma Emotions?
  - iii. How old?
    - 1. Take the persons age; split in half, go decades, then years... until you hit the age.
  - iv. DO I NEED MORE INFORMATION?

6. Saboteur (Is there a saboteur?) Offensive Energies that create imbalances in our bodies

- a. Is the saboteur human? If No...go to b.
- b. Demonic saboteur (you do not necessarily need the answer from below)
  - i. Do I need to know the identity?
  - ii. Is there a trapped emotion? If No...
  - iii. Is there a trauma emotions? If No..
- c. Is the weapon... (knives, knitting needles, a crown of thorns, strong punches from bats and boxing gloves and nooses)
  - i. Ask the Holy Spirit to help you identify, if you do not get a YES from the list.

ii. Knife SLIDE

- 1. Sharp (dagger, spear, etc)
- 2. Other sharp object (knitting needles)
- iii. Rope
  - 1. Hanging
  - 2. Identify any other type of ropes that could have been used.
- iv. Blunt force (hit with strong punches from bats, etc.)
- d. Where was the weapon place?
  - i. Above the waist?
  - ii. If Yes...
    - 1. Chest area?
      - a. Lung
      - b. Heart
      - c. Breast
      - d. Can ask more specific organs
    - 2. Kidneys?
      - a. Right?
      - b. Left?
    - 3. Stomach area?
      - a. Can ask more specific organs
    - 4. Neck?
      - a. Can ask more specific organs
    - 5. Head?
      - a. Eyes

- b. Ears
- c. Brain
- d. Mouth
- e. Tongue
- f. Can ask more specific organs

7. Negative strongholds (Is there a negative assignment?) SLIDE

- i. Was the negative force from male? No, then female
- ii. Family
- iii. Friends
- iv. Church
- v. Any groups you are involved with
- vi. When did it happen?
- vii. Ask Holy Spirit what the assignment was about.